

Young Adult Carers 2020

The Time to Shine Project in partnership with Care for the Carers



Course feedback

| | BEFORE | AFTER | IMPROVED |
|---|--------|-------|----------|
| The strength of your singing voice | 2.4 | 6.8 | 4.4 |
| The control you have over your singing voice | 1.9 | 6.8 | 4.9 |
| The sound of your singing voice | 2.9 | 5.8 | 2.9 |
| Your understanding of how your body works to create singing | 4.6 | 8 | 3.4 |
| The control of your breath while singing | 4 | 7.3 | 3.3 |
| Harmonising | 3.2 | 7.7 | 4.5 |
| Singing in time with the music | 4.7 | 8.5 | 3.8 |
| Singing in a group or choir | 4.7 | 8.7 | 4 |
| Singing in small groups of 2/3 | 3.3 | 8.2 | 4.9 |
| Singing a solo | 1.2 | 3.5 | 2.3 |
| Remembering your parts in a song | 4.8 | 7.7 | 2.9 |
| Remembering words in a song | 6.1 | 8.3 | 2.2 |
| Singing without a song sheet in front of you | 3.7 | 6.7 | 3 |
| Singing on stage | 1.9 | 6 | 4.1 |
| Singing with a live band | 2 | 6.2 | 4.2 |
| Making eye contact with your audience | 2.7 | 5.3 | 2.6 |
| How relaxed do you feel in the group | 5.7 | 7.7 | 2 |
| How supported do you feel by the group | 7.4 | 7.7 | 0.3 |
| How supported do you feel by the course facilitators | 6.6 | 8.3 | 1.7 |
| How important do you feel as part of the group | 4.8 | 7.7 | 2.9 |
| How confident do you feel about completing the course | 5.4 | 9.5 | 4.1 |

Comments at the end of the project

"I felt being able to learn how songs are produced and recorded was very interesting and I would now like to learn how to produce songs for a career."

"It has been an amazing experience, encouraging me to try new things and giving me more confidence in myself. I sing a lot more to myself now. Thank you so much!"

"[I am] more confident in myself and trying new things. [It has] been an amazing experience learning all the techniques. THANK YOU!"

"Can't fault them in any way. Would do it again! Doing this [has made me] feel like we are closer so thank you to Micky and Alison."

"The whole experience has been amazing. The Time to Shine guys have been incredible [and] helped us all with our confidence."

"I hope to do more of this project in the future because my family loved when I did it. They were so proud [of me] and it made me feel good."